



COUNTESS GYTHA PRESCHOOL

Intimate care and nappy changing

Prime times of the day make the very best of routine opportunities to promote 'tuning in' to the child emotionally and to create opportunities for learning. Nappy changing times are key times in the day for being close and promoting security as well as for communication, exploration and learning.

Nappy changing records

- Staff record when they change children and whether they were wet, soiled or dry and clean. This is double signed by a second member of staff. These records are kept in a folder in the nappy changing area.

Young children, intimate care and toileting

- Changing areas are warm, appropriately sited and there are safe areas to lay young children if they need to have their bottoms cleaned.
- If children refuse to lie down for nappy change, they can be changed whilst standing up, providing it is still possible to clean them effectively.
- Each child brings in a bag containing their nappies/pull ups and wet wipes each day they attend.
- Staff ensure that nappy changing is relaxed and time to promote independence in young children.
- Young children are encouraged to take an interest in using the toilet; they may just want to sit on it and talk to a friend who is also using the toilet.
- They are encouraged to wash their hands and have soap and paper towels to hand.
- Key persons are gentle when changing and avoid pulling faces and making negative comment about the nappy contents.
- Wipes are used to clean the child. Where cultural practices involve children being washed and dried with towels, staff aim to make reasonable adjustments to achieve the desired results in consultation with the child's parents. Where this is not possible it is explained to the parents the reasons why. The use of wipes achieves the same outcome whilst reducing the risk of cross infection from items such as towels that are not single use or disposable.
- Staff do not make inappropriate comments about young children's genitals when changing their nappies.
- Sometimes a child can become sore, this can be for a number of reasons. Staff will inform parents and agree a plan of action. This may involve the use of a nappy cream which is provided by the parent. A medication form will need to be completed by the parent before this can be done.

- Older children use the toilet when needed and are encouraged to be independent.
- Members of staff do not wipe older children's bottoms unless there is a need, or unless the child has asked.
- Parents are encouraged to provide changes of clothes for accidents when children are potty training.
- If young children are left in wet or soiled nappies/pull ups in the setting, this may constitute neglect and will be a disciplinary matter.

Nappy changing is always done in an appropriate/designated area. Children are not changed in play areas or next to snack tables. If there are limitations for nappy change areas due to the lay out of the room or space available this is discussed with the setting manager's line manager so that an appropriate site can be agreed that maintains the dignity of the child and good hygiene practice.

Updated: March 2023

Next review date: March 2024