Foundation Subject Overview for Home Learning				
The Rainforest – the theme of this 2-week work pack				
PE	Geography	Geography	Topic/DT -	Topic/DT -
Joe Wicks will be continuing with his school workouts on a Monday, Wednesday & Friday morning at 9am. The link below should take you to Joe Wicks main page where you can join in live, or watch them pre-recorded. The Body Coach TV - YouTube Continue with the circuits training programme from the last 2 week pack. This time, let's increase the time from 1 minute, to 1 minute 30 seconds (you will feel the difference). See if each day you can improve on your last score/performance	Over the next 2 weeks we shall have a brief tour of Rainforests. You will explore aspects of where rainforests are found, the different layers of the rainforest and the animals you would find living in these habitats. There are some activities/ worksheets in the pack to develop your knowledge of Rainforests which you can select from (outlined in the next column)	 Map of Tropical Rainforests of the world instructions 1,2 & 3 to complete the map. What do you notice? Layers of the Rainforest Read the text and create an information sheet. Animals in the layers of the rainforest – match the layers with the animals you would find. Then draw these animals onto the blank rainforest picture. Design a rainforest animal – consider some of the points mentioned on the sheet to guide your design 	Create a rainforest in a 'shoe box' (A diorama rainforest) Follow the instructions from the worksheet pack to create your own diorama rainforest. If you do not have a shoe box, use any small box you have available	Continue with your diorama rainforest. You can either draw your own rainforest animals to form the rainforest scene, use plasticine or 3D models of your choice or there are animal templates ready to cut out and use.
Computing - Programming	PSHE	Science	Science	RE
If you visit the link above, it will take you to the 'ideas' page on scratch where there are many tutorials on various themes. Select one that interests you and have a go! Alternatively, you could create a power point on Rainforests or a fact/information sheet on a word processing document such as Microsoft word.	Keeping healthy Your body is amazing! Just think of all the brilliant things it can do. Close your eyes and make a list in your head of 5 things that your body can do (balance, run etc.) It's important that we look after our bodies and try to keep them safe. Complete the sheet with ideas of how to keep yourself healthy and safe. If you need ideas or want to learn more, look at this link. https://www.bbc.co.uk/bitesize/topics/zcyycdm	https://classroom.thenational.acad emy/lessons/what-is-an-ecosystem- catper Have a look at the Oak Academy lesson on Ecosystems. All you need is a pencil and paper. There is also a quiz at the end to have a go at!	Adaptations https://classroom.thenational.academy/lessons/what-is-anadaptation-cmw6ct Have a look at the Oak Academy lesson on Adaptations. All you need is a pencil, coloured pencils and some paper. Have a go at the quiz at the end too.	Easter https://www.bbc.co. uk/bitesize/topics/ztk xpv4/articles/z4t6rj6 Watch the video about Easter. Read through some of the information on the page.