

# Tuning in to Kids™ evaluation

We would like to know how you have found this program. Please give any comments you might have.

- 1 What did you find most useful about this program?
  
- 2 What did you find least useful about this program?
  
- 3 Would you have liked any other things to be addressed in the program?
  
- 4 How hard/easy was it to understand the ideas of emotion coaching? (please circle)  
 Very hard      Hard      Neither hard nor easy      Easy      Very easy  
 Comments:
  
- 5 How hard/easy was it to carry out the methods of emotion coaching? (please circle)  
 Very hard      Hard      Neither hard nor easy      Easy      Very easy  
 Comments:
  
- 6 Were there changes that you noticed in your child(ren) or your family as a result of participating in this program?

Do you have any other comments?

**Thank you for your time in completing this form.**

