Emotion focused children's books

A Difficult Day

A Huge Bag of Worries

A Very First Poetry Book

Alexander and the Terrible, Horrible, No Good, Very Bad Day

Angry Arthur

Augustus and His Smile

Can Anyone Be As Gloomy As Me?

Cool Cats, Calm Kids.

Corduroy

Daddy's Having a Horse

Edward the Emu Franklin in the Dark Frog Finds a Friend

Grandpa

Henry and Amy

I Feel series (I feel ... angry/jealous/lonely/sad etc)

I want to shout and stamp about If you're happy and you know it!

Jenny is Scared

John Brown, Rose and The Midnight Cat

Little Monster

Look, there's a Hippopotamus in the Playground eating cake

Max

My Friend Whale Oh the Places You Go

Pog

Rose meets Mr. Wintergarten

Scaredy Mouse Silly Billy

The Bad Tempered Ladybird

The Deep

The Little Engine That Could

The Red Tree

Today I Feel Silly and Other Moods That Make My Day

What makes me Happy

When I am Feeling .. series (Sad, Lonely, Loved, Angry, Scared)

When Lester Lost His Cool

When Sophie Gets Angry – Really, Really Angry ...

Where the Wild Things Are

Willy the Wimp

Eugenie Fernandes

Virginia Ironside

Compiled by John Foster

Judith Viorst

Hiawyn Oram and Satoshi Kitamura

Catherine Rayner

Nick Toczek and Mike Gordon

Mary L. Williams Don Freeman

Lisa Shanahan and Emma Quay

Sheena Knowles

Paulette Bourgeois and Brenda Clark

Max Velthuijs John Birmingham Stephen Michael King

Bryan Moses and Mike Gordon Tony Mitton and Mike Gordon Jan Omerod and Lindsey Gardiner

Carol Shuman

Jenny Wagner and Ron Brooks

Barry Wade

Hazel Edwards and Deborah Niland

Bob Graham Simon James Dr Seuss

Lyn Lee and Kim Gamble

Bob Graham

Alan MacDonald and Tim Warnes

Anthony Browne

Eric Carle
Tim Winton
Watty Piper
Shaun Tan

Jamie Lee Curtis

Catherine and Laurence Anholt

Trace Moroney

Sophie Havighurst

Molly Bang Maurice Sendak Anthony Browne